

Fall 2011

**MAMA
Newsletter**





MAMA Fall Events



PORTLAND

5217 SE 28th Ave

Sat. Oct 22nd

MAMA Pot Luck
Card Holder's Only
1 to 4 pm

Fri. Nov. 11th

Veterans Day

Thurs. Dec. 8th

MAMA Pot Luck
Open House
1 to 4 pm



BEND

Fri. Oct. 14th

Bend Community Center

MAMA Pot Luck
Card Holders Only
4:30 to 7:30 pm

Fri. Nov 11th

454 NE Revere Ave

Veterans Day
Cookie Social
2 to 4 pm

Fri. Nov 18th

Bend Community Center

MAMA Pot Luck
Card Holders Only
4:30 to 7:30 pm

Fri. Dec 9th

Bend Community Center

MAMA Pot Luck
Card Holders Only
4:30 to 7:30 pm

THE DALLES

319 East 7th

Sat. Oct 15th

MAMA Pot Luck
Card Holders Only
1 to 4 pm

Fri, Nov 11th

Veterans Day

Fri, Dec 16th

Open House
Pot Luck
2 to 4 pm



**MAMA Winter Hours in
Bend & The Dalles
10 am to 4 pm Mon - Fri**

**MAMA Winter Hours in
Portland
10 am to 5 pm Mon - Fri**

Fall

\$25
Cardholders Only
Reservations
Required

Classes

The Joy of Life, Level One

Let MAMA help you get your garden started! Hands on, this class teaches cardholders how to make rooted plants from cuttings. Once you know how to do this you will be much closer to self sufficiency and less dependent on others.

PDX: @ 2:30 pm
Oct 12th, Nov 9th, Dec 7th

TD : @ 3:00 pm
Oct 6th, Nov 3rd, Dec 1st

Bend: @ 2:00 pm
Oct 12th, Nov 10th, Nov 23rd,
Dec 1st, Dec 15th



Joy of Life, Level Two

Now you've got your garden started. Come meet an experienced, successful grower who will teach you more advanced organic cultivation techniques to help you grow healthy, mature plants.

PDX: @ 2:30 pm
Oct 26th, Nov 23rd, Dec 21st

TD: @ 3:00 pm
Oct 20th, Nov 17th, Dec 15th

Bend: @ 2:00 pm
Nov 2nd, Dec 7th, Dec 22nd

More classes, next slide

MAMA Offices will be closed Dec 26th - 30th



Preparations Classes

Topicals: Many patients prefer to use cannabis topically for relief from pain and inflammation. It is applied in creams, lotions and oils infused with cannabis.

Tinctures: Glycerin and Alcohol can be used to make tincture.

Edibles: Learn how to make butter and oil to cook with.



Topicals

PDX: @ 3:30 pm
Oct 13th, Nov 10th, Dec 8th

The Dalles: @2:00 pm
Oct 4th, Nov 1st, Dec 6th

BEND: @ 2:00 pm
Oct 12th, Nov 16th, Dec 21st

Edibles

**PDX: Call 503-233-4202 for
scheduled classes**

The Dalles: @ 2:00 pm
Oct 18th, Nov 15th, Dec 20th

BEND: @ 2:00 pm
Oct 5th, Nov 9th, Nov 22nd, Dec 14th

Tinctures

PDX: @ 4:30 pm
Oct 20th, Nov 17th, Dec 15th

The Dalles: @ 2:00 pm
Oct 25th, Nov 22nd

BEND: @ 2:00 pm
Oct 26th, Nov 30th,

Bubble Class

Learn to make high-quality medicine using ice, water and filter bags from cannabis plant material which in the past has been discarded.

The Dalles: @ 2:00 pm
Oct 11th, Nov 8th, Dec 13th

Bend: @ 2:00 pm
Nov 17th, Dec 8th



Making Informed Decisions About Drug Use.

**FREE to
public**



**Mothers Against Misuse and Abuse (MAMA)
invites the public to a free public presentation by**

**Mark Miller,
MAMA Education Director
“DRUG CONSUMER SAFETY”**

**Deschutes County Library - Brooks Room
(Downtown Branch) – 601 NW Wall St BEND, OR
5:30 to 7:00 pm on
Wednesday, October 26, 2011.**

**With today’s aggressively promoted drug technology,
it is hard for consumers to determine what is safe and what is not.**

This presentation offers:

- **Guidelines that show how to assess a drug for its benefits versus its risks;
so one can make informed decisions to reduce any risk;**
 - **Offers resources to get the information one needs;**
 - **Teaches how to recognize problems;**
- **Shows how to tell if there is a need to seek medical assistance.**

Who is Mark Miller - More next slide

Educational Opportunity

**FREE to
public**

Wed. Oct 26th

Deschutes County Library - Brooks Room

Downtown 601 NW Wall St

Drug Consumer Safety

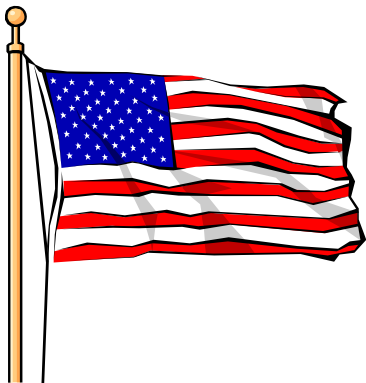
5:30 to 7 pm

MARK MILLER is the founder of the widely praised *University of Oregon Drug Information Center* in 1972 and its director for 15 years. In addition to being MAMA's Education Director, he has served as an Instructor in the University of Oregon Health Education Department, on the Medical Informatics research faculty at the Oregon Health Sciences University, and directed data operations of the Oregon ALERT immunization system. While at the University of Oregon, Miller developed the highly regarded Drug Consumer Safety and Senior Citizen Drug Safety Outreach programs, and instituted the first anonymous drug analysis program in the country.

Mr. Miller developed an extensive program for training Junior League volunteers to provide drug education to middle school students in Eugene, and served as an instructor at the Oregon Board on Police Standards and Training for over a decade. During his tenure as Director the program became a state-wide extension service, and the distributor of all federal substance abuse publications for Oregon. The University of Oregon Drug Information Center was also the recipient of a National Search Award from the Department of Health, Education and Welfare as a model, replicable drug education program.

In the course of his 30+ year career, Miller has delivered over 4,000 presentations, classes and in-service trainings to diverse groups and organizations ranging from the U.S. Coast Guard, to numerous Oregon schools, and the Oregon Country Fair.

He has also authored or co-authored numerous publications, including the Drug Consumer Safety Handbook, the State of Oregon Drug Abuse Fact Sheets, and Responsible Use of Alcohol.



Veterans Day

11-11-11

Friday, November 11th is Veterans Day.

MAMA welcomes you to join us as we honor veterans and their families for their sacrifices.

We will provide desserts and beverages at all of MAMA clinics in Bend, The Dalles and Portland.

Locations & Times

BEND

454 NE Revere Ave
2 to 4 pm

PORTLAND

5217 SE 28th Ave.
1 to 4 pm

THE DALLES

319 East 7th
3 to 5 pm

Meet the Author

Dru West, author of

“The Secrets of the West Coast Masters”

will be in **BEND** during this event to sign copies of his book.



New Computer System

'Over the next year MAMA needs to replace our older out-dated computers. We will be replacing them with Mac Mini's. We have already purchased and replaced some of our machines as we have had the budget.' The approximate cost of these upgrades will be \$8,000 over the next 12 months. We are looking for financial contributions for these purchases, as well as donations of any equipment we can use with our new system.

We are looking for specific items so if you have any of these things please contact kelly@mamas.org to make your donation. Here are some of the items we are seeking:

- 10 New or Used Mac Mini computers**
- IMacs**
- 19" or larger Flat screen computer or TV monitors**
- 10 Wireless Mouse**
- 10 Mac/Bluetooth keyboards**



MAMA is a 501(c)3 nonprofit organization



MAMA's Wish List



Antiseptic Wipes
Hand Towels
Washcloths
Dish Rags
Paper Towels
Small Book Case
Small Pots
Potting Soil
Plant Markers



Acrylic Brochure or
Sign Holders
Display Cabinet
Good Office Chair
Paper Shredder
Good Mouse for a Mac
Paper Cutter
Convection/ Toaster Oven
Stand-up Fans



If you have any of these items to donate, please call your local MAMA office to make arrangements.

As always, we thank you for your support.

**Portland 503-233-4202,
The Dalles 541-298-4202
Bend 503-974-1219
www.mamas.org**

Doctor says, “Pain Medicine or Medical Marijuana, not both.”



I am 51 yrs old, my name is Kim XXX and I live XXXX, OR.

After a year of debating and trying some MJ butter I decided to get my medical MJ card. I have severe non-typical fibromyalgia, Addison's Disease, Irritable Bowel Syndrome and PTSD (from a torture rape where the other victim died) so I don't sleep well making my diseases worse and severe, severe migraine head aches. You may not be familiar with Addison's it is very rare but it causes severe muscle and joint pain and nausea. Basically I can't walk without my pain medicine, Oxycodone 15mg. and just this month Dilaudid with the Oxys. I'd be in a wheel chair.

I have always had nausea from my migraines and have been on Phenergan for approx. 14 yrs. Now with the IBS and Addison's, with the migraines, my nausea and vomiting is almost a daily thing. Last year at this time I was 145 lbs in a size 8 pant. Now I'm 110 lbs. My size 1's are falling off me.

The only thing that has stopped the nausea is the MJ butter I got from a friend. Last month I put on 6 lbs. and that's when I decided to get my MJ card or starve. Well I lost that 6 lbs. and 10 more lbs. in a month and a half. The last 3 days when I tried to eat, trying to overcome the nausea, I vomited up my food anyways. I knew with my crippling pain, that the medical mj may help some but very little. I needed it for the nausea, vomiting and weight gain.

Then when I go see my doctor I find out the DEA is telling them either the pain meds or the medical MJ, not both. This is happening everywhere. So the commercials about lowering the use of pain meds should be saying no pain meds or no medical MJ. This could save my life, I'm so distraught. I have grandkids (8) I want to see grow up. I don't want to die. I am on the maximum dose for antiemetic because of the severe and lifelong side effects. They used to at least keep me from vomiting. I don't think they are working at all anymore!

I know there is nothing you can do right now and by the time your committee figures a way around this, it will probably be too late for me. My hopes are maybe this letter will help some other people down the road. I can't even sneak because of the \$500 urine test the DEA makes me take (don't have to pay for) to see what is in my system. I'm also afraid of getting in trouble with the law, I have a clean record.

My husband and I are on a fixed income both disabled, for him it was two heart attacks. My medicine alone is \$240, with the Doctor it's \$300-\$400. After Medicare gets automatically deducted I have \$744. My husband gets \$1250 a month. He does not like MJ in any way shape or form, but does see the medicinal use for it.

Why can't the Federal Government get over their drug problem? I just don't understand this at all. How can they justify those \$500 drug test for millions of people with our country in so much debt? If they could tax this, I wouldn't have to write this letter.

It's hard to even write because of my pain, I have to take several breaks. Because of my Addison's I have to take a hormone replacement for the Cortisone my body can't make anymore. It is Hydrocortisone, a steroid. If I miss one day at my levels I am on I can die. Without it I will die. Feeling nauseated and vomiting every day, my diaphragm and stomach muscles are killing me. My choice eventually will be to stop taking my steroids and let nature take its course. I will die. I am still fighting, but it is a losing battle. I am also allergic to anti-depressants and many more drugs; they say that is from the Fibromyalgia.

Thank you for your time.

Starving in Oregon, Kim

Edited by SL Burbank with permission of author.

OMMP Patients got a sneaky, underhanded deal from the Legislature.

In the final days of the legislature the Ways and Means Committee passed SB 5529 It then was quickly passed by the Senate and the House and signed into law by the Governor.

The bill mandated that the OMMP raise their fees to produce about 6.4 million dollars in this fiscal biennium for the Oregon Health Authority (OHA) to use for programs OTHER THAN the OMMP. It was a sneaky desperate move to meet the budget needs on the back of patients who are suffering and dying.

The low income on the Oregon Health Plan and SNAP (food stamps) impacted the most when the fees were raised from \$20 to \$100 annually. If they can't grow their own medicine, there is a \$50 charge to name someone to grow it for them. Many in residential care can hardly afford the current \$20 fee.

Increased Fees-where will the money go?

The revenue generated through the increased OMMP fees will be used to support Oregon Health Authority programs which would otherwise be cut - Emergency Services and Trauma System, the Drinking Water Program, School based Health Centers – and to serve as a partial restoration of reductions in Contraceptive Care Services. Smaller allocations will go to Direct Entry Midwives, act as a partial restoration of reductions for the Trauma Systems staff and would enhance funding for the Seniors Farmer's Market Program.

These fees will not decrease at the end of the two year budget or when the \$6.4 million has been raised. The OMMP prices will remain the same, the money a target for raising state revenue, with the OMMP collecting these extra 'taxes' for the OHA. This has been mandated by the legislature, not the Department of Human Services, the OHA or the OMMP. This was a underhanded act by the Senators and Representatives of Oregon. How did your legislators vote? See following page.

In order to meet this mandate the legislature instructed OHA, through the OMMP, to dramatically raise the prices for the registration fee for patients, change the definition of low income to only those on SSI and create a new 'growers fee' for the patients who weren't their own grower. Information about this bill was deliberately kept from the ACMM at their June 6th meeting, which is very disturbing.

Barry Kast took responsibility for withholding this information from the ACMM so that it would not compromise the Oregon Health Authority's (OHA) relationship with legislature. He said he thought that perhaps the legislators weren't very knowledgeable about the OMMP. This exclusion kept the ACMM and patients in the Program from having the opportunity to give timely testimony to the Ways and Means Committee, the Senate and House. After an emergency ACMM meeting and a Rules Advisory Committee meeting, hearings notices went out about the public hearings to be held in September in Medford, Portland and Bend. After the Hearings Officer gave her report about the 78 people who either attended the hearings and/or submitted written testimony, the Co-Chairs of the Ways and Means Committee instructed the OHA/OMMP that the fees would be as the full Committee voted.

How Did Your Senator and Representative Vote on SB 5529?

Senators: Ayes-19; Nays-11

NAYS: Boquist, Ferrioli, George, Girod, Kruse, Olsen, Prozanski, Shields, Starr, Thomsen, Whitsett

Representatives: Ayes-42; Nays-18

NAYS: Bailey, Bentz, Brewer, Cannon, Conger, Holvey, Kennemer, Krieger, Lindsay, Olson, Parrish, Sheehan, Smith G., Smith J., Sprenger, Thatcher, Wand, Weidner.

To find your State Senator and Representatives go to:

<http://www.leg.state.or.us/findlegsltr/>

This will also give you contact information for your Federal Senator and Representatives

Those State officials who voted NAY deserve a thank you call or email and saying how you feel about the increase in fees to fund other Oregon Health Authority Programs

Those who voted AYE for SB 5529 especially need to hear from you.

Governor Kitzhaber (signed this bill)

160 State Capitol

900 Court Street

Salem, Oregon 97301-4047

Governor's Citizens' Representative Message Line

503-378-4582

Email him online at <http://governor.oregon.gov/Gov/contact.shtml>

One patient's voice at a time adds up to 53,685 voices.

Please make yours heard!

OFFICE OF THE SECRETARY OF STATE- KATE BROWN
SECRETARY OF STATE -ELECTIONS DIVISION
STEPHEN N. TROUT -DIRECTOR
255 CAPITOL STREET NE, SUITE 501
SALEM, OREGON 97310-0722
503-986-1518

For Immediate Release:
September 28, 2011
Contact: Summer Davis - Elections Division

The Office of the Secretary of State received a certified ballot title from the Attorney General on September 28, 2011, for initiative petition #24, proposing a constitutional amendment, for the General Election of November 6, 2012.

In addition, Secretary of State Kate Brown determined that the proposed initiative petition was in compliance with the procedural requirements established in the Oregon Constitution for initiative petitions.

The certified ballot title is as follows: **Amends Constitution: Allows adult marijuana use, possession, production, except actions endangering children, public safety; state may regulate**

Result of "Yes" Vote: **"Yes" vote amends constitution, allows adult (21 and older) marijuana use, possession, and production; except actions that endanger children or public safety; state may regulate.**

Result of "No" Vote: **"No" vote retains laws prohibiting possession, manufacture, delivery of marijuana, except when used under the Oregon medical Marijuana Act to treat a "debilitating medical condition."**

Summary: Under current Oregon law, possession, manufacture or delivery of more than one ounce of marijuana, possession or delivery of less than an ounce within 1,000 feet of a school, are criminal offenses; possession of less than one ounce, or delivery of less than 5 grams, of marijuana are violations; Oregon Medical Marijuana Act regulates use, possession and cultivation of specified amounts of marijuana for treatment of a "debilitating medical condition" (defined). Measure amends Oregon Constitution, allowing use, possession and production of marijuana by adults (21 and older), except for actions that endanger minors or public safety; state may enact laws and regulations consistent with amendment to reasonably define, limit and regulate the use, possession, production, sale or taxation; effective six months after enactment. other provisions.

Chief Petitioner: Robert W. Wolfe, 420 NW 11th Ave. Unit 607, Portland, OR 97209.

Copies of the text of this initiative are available at Suite 501, 255 Capital St NE, for \$.25. Written requests for copies with your remittance of \$1.00 prepaid, should be addressed to: Elections Division, 255 Capitol St NE, Ste 501, Salem, OR 97310.

The required number of signatures for placement on the 2012 general election ballot is **116,284**.

These signatures shall be filed in this office not later than **July 6, 2012**.

Contact Robert Wolfe: wolfe@oregonhc.com 503-222-1396

Patient Input

"Native American Sweat Lodge-healing through tradition."

My name is Chandler,
Lakota name WaPa-Ha-Luta,
member of the Oglala Lakota Sioux tribe.
I live in central Oregon and have been looking to
start a sweat lodge.

This will get up and started after now that
the burn ban has been lifted.

If you are interested in participating in a sweat
ceremony and help get this going
please email me at: afergus82@aol.com

I would greatly appreciate if anyone
has land with Willow bushes
that could be used to build
the frame of the lodge.

This Sweat Lodge will be run in the
traditional Lakota way,
the way my elders have taught me.

Thanks, (wopila)
Chandler "WaPa-Ha-Luta"

CONTEST



Do you
sketch, paint, photograph
or create graphic
art?
Submit your design
for a chance to win.



Submit your original artwork to:
kelly@mamas.org for your
chance to win our 30th
anniversary poster contest.

Grand Prize
\$500 Gift Package
Runner Up
\$250 Gift Package
*Prizes for all participants

The theme for our anniversary is:

**30 years, 3 generations, 1 message...
A rational approach to drugs.**

Artwork should reflect this general theme.

Deadline for submission is November 30th, 2011

Your design will be used in our marketing and promotions as well as in a poster celebrating MAMA's 30th Anniversary. Artwork should be provided in a high resolution pdf and be ready for print. By providing your submission to MAMA you agree to the release of your work to MAMA for exclusive use, including any marketing or promotional material.



2012
MAMA will celebrate
it's 30th anniversary!

Supreme Court Justice Scalia: Federal Drug Laws Were a Mistake

OCT 7 2011

Conor Friedersdorf, Associate editor at The Atlantic, writes about Supreme Court Justice Antonin Scalia and his opinion about the current drug laws.

"It was a great mistake to put routine drug offenses into the federal courts," he told the Senate Judiciary Committee Wednesday. "...

"Returning drug policy to the states would be a first step in the right direction."

Read the whole story at:

<http://www.theatlantic.com/national/archive/2011/10/scalia-federal-drug-laws-were-a-mistake/246321/>

PATIENTS AND GUNS

On Sept 21st the Department of Justice, Bureau of Alcohol, Firearms, Tobacco and Explosives sent out a letter saying that marijuana users and addicts are prohibited from owning, shipping, transporting, receiving and possessing firearms or ammunitions ...even if such use is sanctioned by State law.

The Oregon Medical Marijuana Program (OMMP) reported at the September 6, 2011 meeting of the Advisory Committee on Medical Marijuana (ACMM) that

as of 08-30-11 there were 53,685 OMMP patients

Here's a link to the complete letter and it is well worth the short read.

<Http://www.nssf.org/share/PDF/ATFOpenLetter092111.pdf>

In *only five paragraphs* the Department of Justice says that all patients have no right to own or use a gun! Attorney Leland Berger, Portland, OR, is challenging this issue in court, contending that medical marijuana patients are not 'illegal drug users or addicts'. The Court has asked Attorney Berger to submit his arguments, though there is no guarantee they will actually hear this case.

Advisory on Medical Marijuana (ACMM) September 6, 2011



The ACMM Report - part 1

The Advisory Committee on Medical Marijuana met in Newport on September 6, 2011.

Tawana Nichols introduced Jody Noon, R.N., J.D., who will be the new Administrator for the Office of Community Health and Health Planning. Jody will be replacing Grant Higginson, who retired this past May after a 24-year career at the Public Health Division. Jody has a BSN from the University of Wisconsin School of Nursing and a JD from the Northwestern School of Law of Lewis and Clark College here in Portland.

Ms. Noon brings with her a wide range of experience and skills related to public health, nursing, regulation, compliance, management and organizational development that will be useful to the programs she will oversee and to the Division as a whole. Equally important, Jody also brings with her a commitment to public health, and a strong desire to use her skills to make Oregon a better place and to help us transform the health system here.

The OMMP Administration reported as of **08-30-11**

* Number of current OMMP Patients: **53,685**

* Number of Physicians who have recommended a patient for the OMMP: **4,084**

There are **two vacancies on the ACMM**.

- Brian Michael's current term expires 12-31-11, but he may reapply.
- Art Witkowsky resigned and needs to be replaced.

ACMM Report 09-06-11 - part 2

If you are interested in applying for a position on the ACMM, the next vacancy will be in January, 2012.

Complete the ACMM application form at:

<http://public.health.oregon.gov/DiseasesConditions/ChronicDisease/MedicalMarijuanaProgram/Documents/acmmapply.pdf>

OR

Call the OMMP at 971-673-1234 between 11 am and 5 pm and ask for one .

Return it to the OMMP **by November 30, 2011**. The Director and staff will review all applications and make a decision by the end of January, 2012. Please note: this application form can not be completed or submitted online.

Please mail the form to the OMMP at PO Box 14450 Portland, OR 97293.

For people interested in, but unable to physically attend, the ACMM meetings will be able to be viewed off site, if the OMMP has the web addresses.

A **New OMMP Data Base**, eagerly anticipated for several years, is almost up and running. The ability to track information will increase dramatically and make the OMMP more efficient.

OAR Status: Notice of proposed rulemaking hearings are now available on the OMMP's website, and will occur on 9/16/11, 9/19/11, and 9/20/11 in various locations throughout the state.

Mr. Funk provided an update to the **Election Complaint Report** given on June 6th, 2011. A Narcotics Detective from Medford and Eric Fisher from Oregon State Police received warnings. The Police Chief and Assistant Police Chief in Medford, Ray Meyers of Grants Pass, and Chief Wallace of Brookings all received a \$75 fine, the maximum allowed by law.

Next ACMM Meeting

10 am to 2:30 pm

December 5, 2011 in Portland

800 NE Oregon Street

The public is invited and welcome to attend.

ACMM Report 09-06-11 - part 3

Changing Panel Selection Criteria: Ms. McGarvin referred to a letter that the ACMM had sent to the former Administrator of the OCHHP asking him to change selection criteria for the panel on adding new conditions, to ensure that all members have a demonstrable knowledge of the therapeutic qualities of cannabis. That Administrator has been replaced, Ms. McGarvin noted, and the letter needs to be sent to the current Administrator, Ms. Noon. Ms. McGarvin will resend the letter requesting a change in the criteria for panel selection to Ms. Noon.

Motion passed: The ACMM strongly recommends the Oregon Health Authority sponsor a legislative concept for the 2012 session which includes research funding for, but is not limited to, Post Traumatic Stress Disorder. We further recommend working with the ACMM's Horticulture, Research, and Safety Committee in the development and funding of this legislative concept.

Motion passed: The ACMM shall draft letters to Mel Kohn and Dr. Bruce Goldberg, formally inviting them to attend upcoming ACMM meetings.

Motion passed: The ACMM strongly recommends the currently proposed OAR amendment include a sunset clause which effectually returns the OMMP fees to its current structure on July 1, 2013 or whenever the revenue for the 'other' programs has been raised, whichever comes first.

**** NOTICE OF OMMP FEE CHANGES ****

The following fees went into effect
October 1, 2011:

- Cardholder application and annual renewal fee: **\$200**
- Reduced application and annual renewal fee for persons receiving SNAP (food stamp) and for OHP cardholders: **\$100**
- Reduced application and annual renewal fee for persons receiving SSI benefits: **\$20**
- Fee for replacement registry cards: **\$100**
(**\$20** for those patients on SSI)
This means anytime a new card has to be issued
- Grow site registration fee on applications where the patient is not his or her own grower: **\$50**

DHS/OMMP: Phone: 971-673-1234 –
Answered: Mon – Fri between **11 am and 5 pm**

CUSTOMER SERVICE OFFICE: 800 NE Oregon
St 2nd Floor Portland, OR

Open: Mon – Fri between **8:00 am and 4:45 pm**

If there is a long waiting line at the end of the day you may be turned away.

MAMA Needs Your Help

MAMA works hard to keep you informed, as our main goal is education.

- **MAMA participates in meetings, hearings, and conferences, making presentations and staffing information tables;**
- **MAMA offers classes and educational presentations;**
- **MAMA hosts social activities for the general public, families and patients;**
- **MAMA provides a mailed and on-line newsletter;**
- **MAMA keeps you up to date about the most pressing actions by sponsoring Sandee's Blog, <http://frommysideofthemirror,squarespace.com>**
- **MAMA sends out Email Alerts monthly or even more often;**
- **MAMA presents you with current information, including contact information, so you are able to participate in promoting or defending your own best interests;**
- **MAMA researches the media and networks with others for the latest developments;**
- **MAMA advocates for drug policy reform;**
- **MAMA educates the general public, the health care community, media, legislators;**
- **MAMA offers clinics to help those, who have decided to register in the OMMP, work through the process by providing access to doctors and information about various aspects of medicinal cannabis, sources of information and the OMMP rules.**

**Our clinics only pay for themselves. We rely on donations, memberships, and grants to fund the rest of our activity. If you have not already joined MAMA or would like to make an end of the year tax deductible donation, please contact us. Our website is www.mamas.org
Thank you for any help you can give. ~ Sandee**

MAMA Membership Program

- **Student, Senior, and Veterans - \$25.00**
- **Basic - \$35.00** - This affordable option gives you your MAMA membership card and all of our newsletters and publications. You'll get legislative alerts and be the first to hear of new MAMA promotions and Social events.
- **Supporting - \$60.00** - Just \$5.00 a month, this is an option that is really helpful for MAMA. MAMA relies on monthly revenue to keep our programs running. Secure monthly automatic deduction available.
- **Sustaining - \$120.00/year or \$10.00/mo** - Sustaining Members help MAMA on a real and direct level with consistent monthly contributions. Automatic deduction is available.
- **Family - \$500.00**
Enjoy all of MAMA member perks plus
 - (4) MAMA membership cards
 - (4) MAMA class and discount clinic coupons
 - (2) tickets to a MAMA members only event.
- **Personal Benefactor \$500.00**
Enjoy all of MAMA member perks plus
 - (2) MAMA class and discount clinic coupons
 - (2) tickets to a MAMA members only event
 - MAMA Tote or T-Shirt.
- **Corporate/Business Sponsor \$1000.00**
MAMA Gift Basket
Ad/link on our website resources page
 - (2) tickets to MAMA exclusive member event
 - (4) Ads in our quarterly online and print newsletter.
- **MAMA 1st Class Business Sponsor \$2500.00**
Corporate MAMA Gift Basket
MAMA coupon book including discounts on classes and clinics
Recurring full color 1/4 page ad on our website resource page
Ad in each of our online and print newsletter
 - (4) tickets to MAMA member exclusive event

**Starting in January 2012
all cardholder social
events will be open only
to MAMA Members.**

To contribute contact us at: kelly@mamas.org