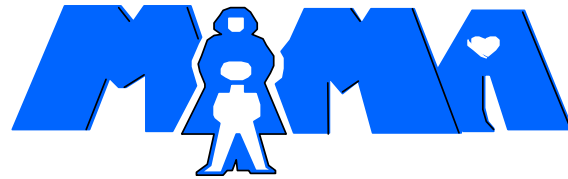
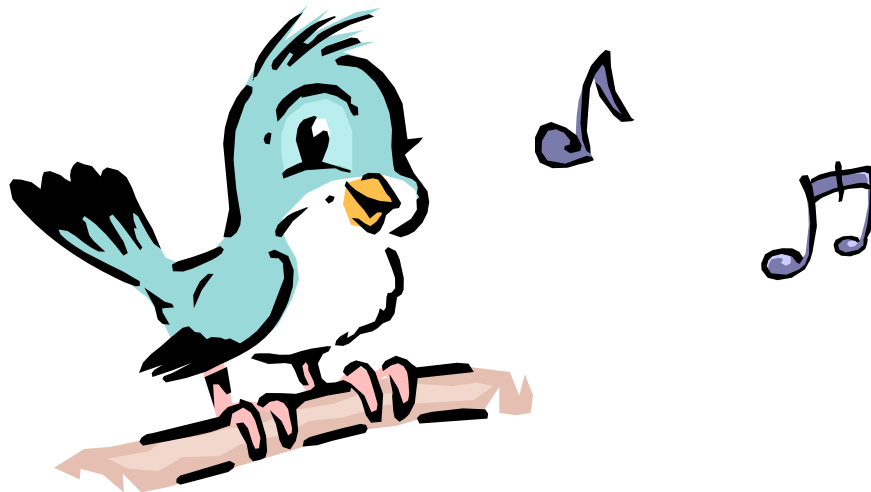


April 2010



Newsletter



April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 TD Joy of Life 1	2 PDX Chocolate Class	3
4	5	6	7 PDX Joy of Life 1	8 TD Joy of Life 1	9 TD Social noon -2	10
11	12	13	14 PDX Joy of Life 1	15 TD Joy of Life 1	16	17 PDX Social 4:30 -7
18	19	20 PDX Bubble Class	21 PDX Joy of Life 1	22 TD Joy of Life 1	23	24
25	26 Presentation The Dalles noon	27	28 PDX Joy of Life 2 TD Bubble Class	29 TD Joy of Life 2	30	
MAMA TOUR	Presentation Pendleton 26 7pm	Presentation Bend 27 7pm	Presentation Klamath Falls 28 7pm	Presentation Medford 29 7pm	Presentation Coos Bay 30 7pm	May 1st Presentation Eugene noon

See following pages for class and event schedules

April Classes

Cost \$25

Reservations Required

For OMMP Cardholders Only

The Joy of Life, Level One

Let MAMA help you get your garden started! This class teaches cardholders how to make starts from cuttings of the cannabis plant, and gives an overview of organic gardening methods that can help growers and patients grow healthy, mature plants.

Portland: April 7th , 14th , 21st @ 4:30

The Dalles: April 1st, 8th, 15th , 22nd @ 2:00



Joy of Life, Level Two

Now that you've got your garden started, come explore more advanced cultivation techniques with an experienced and successful grower.

Portland: April 28th @ 4:30

The Dalles: April 29th @ 2:00

Chocolate Making

Learn how to make delicious, melt-in-your-mouth medicated chocolate truffles with our master chocolatier.

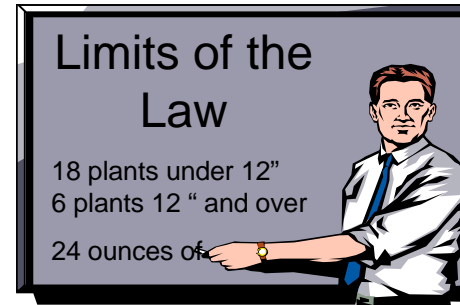
Portland: April 2nd @ 4:30

Bubble Class

Learn how to glean medicine from excess plant material using this ice and water technique.

Portland: April 20th @ 4:00

The Dalles: April 28th @ 2:00 Cardholders only



Open
to the
public

OMMP Orientation

Many patients do not come through the MAMA Clinic to learn the basics of the OMMP. This class offers them a chance to learn where to get information about other drugs with which cannabis may interact, the timeline and dosages of different forms of cannabis medicine and a basic understanding of the limits of the law. Need not be a Cardholder.

The Dalles: April 21st @ 2:00

April Events

The Dalles Social
Friday, April 9th
NOON – 2:00 PM

319 East 7th



Portland Social
Saturday, April 17th
4:30 – 7:00 PM

5217 SE 28th Ave.

MAMA Tour will be in Bend
Tuesday, April 27th
7 pm
Bend Community Center



MAMA Oregon Tour
April 26 to May 9th
See following pages



MAMA Oregon Tour 2010 - April 26th to May 9th

California is prepared to vote on legalizing cannabis for adults.

14 states have medical marijuana laws.

In Oregon over 36,000 patients are now registered in the OMMP.

It may be that two (2) initiatives will be on the November ballot, one that would allow dispensaries and one that would legalize cannabis for those over 21 and allow sales.

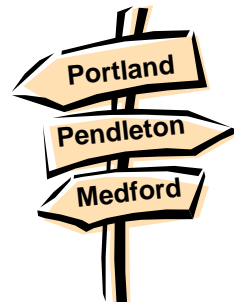
It is time to discuss the efficacy of marijuana prohibition.

MAMA is sponsoring a speaking tour of Oregon, giving public presentations and meeting with the media. As we fill our schedule for the Portland area May 3-9, we ask for your help. Perhaps you know of groups or members of the media who would like to meet us for coffee, lunch, dinner.

Want to help? Call

541-298-4202 ext 404 or 503-233-4202 ext 404

Check
www.mamas.org
for the location and
times of the May
presentations.

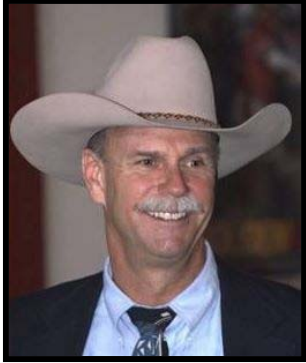


mama@mamas.org

MAMA Oregon Tour 2010 - April 26th to May 9th

MAMA TOUR 2010

Howard Wooldridge



As a law enforcement officer for 18 years, Howard will share his perspective about prohibition and its impact on society.

Prohibition Has Failed / It's Time for Change

Monday April 26th **The Dalles & Pendleton**
Noon The Dalles Columbia Gorge Community College Board Room -1
7 pm Pendleton Blue Mountain Community College Room M 208

Tuesday April 27th **Bend**
7 pm Bend Community Center 1036 NE 5th

Wednesday April 28th **Klamath Falls**
7 pm Klamath Community College Board Room 310 Bldg 3

Thursday April 29th **Medford**
7 pm Rogue Community College - Redwood Campus J-2

Friday April 30th **Coos Bay**
7 pm North Bend Library 1899 N Sherman Ave

Saturday May 1st **Eugene**
Noon Eugene Global Marijuana March - The Old Federal Bldg 7th & Pearl
4 pm Eugene Public Library 100 West 10th Ave. Singer room

Sunday May 2nd

Monday May 3rd **Albany**
4 pm Albany Public Main Library 2450 14th Avenue SE

Tuesday May 4th **Salem**
Noon Oregon State Capitol Rm 357 900 Court Street

Wednesday May 5th **Portland**
TBD

Thursday May 6th **Astoria**
10 am Astoria Public Library 450 10th Street
Portland

Friday May 7th
6:30 pm Portland Community College

Saturday May 8th **Portland**
2 to 6 pm Tour Social MAMA Office 5217 SE 28th Ave. Portland

Alice Ivany



Alice will discuss her experiences as an Oregon medical marijuana patient for 9 years

To help or for more information go to www.mamas.org

call 503-233-4202
ext 404

or

541-298-4202
ext 404

Now making appointments with interested groups and the media.

Advisory Committee on Medical Marijuana (ACMM)



Gary Schnable
Oregon Board of Pharmacy

March 29 2010 was the date of the quarterly meeting of the (ACMM), which was held in Portland. The meeting started with guest speaker Gary Schnable, from the Oregon Board of Pharmacy. The legislature, recognizing the Oregon Medical Marijuana Program, has directed the Board of Pharmacy to reschedule cannabis, which is now on Schedule I, supposedly with no medical use.

Mr Schnable told of the process already in place to educate the Board. We heard that Law Enforcement has already made a presentation, with their recommendation that cannabis be moved to Schedule II. Most of us think that it should be moved to at least Schedule III, as that is where Marinol, a synthetic form of THC, is scheduled. Many think it should be Schedule V.

Mr Schnable informed us that one ACMM member, Stromy Ray, had been asked to speak to the Board. After the meeting, The ACMM received an invitation to speak representing the ACMM. Interested persons may submit testimony [before MAY 18th](#). Contact information to right.

Oregon Board of Pharmacy to Reschedule Cannabis



SB 728, passed in the 2009 legislative session, requires "the State Board of Pharmacy shall review the scientific knowledge available regarding the substance, its pharmacological effects, patterns of use and misuse, and potential consequences of abuse, and consider the judgment of individuals with training and experience with the substance." [475.035]

As it stands now cannabis is a Schedule I drug, with no medicinal benefits. We expect it will end up as Schedule II or Schedule III, but we hope for Schedule V.

Timeline for rule adoptions

April 7, 2010 The Board will review proposed rules, finalize them and sent to Rulemaking hearing.

May 18, 2010 The Board will conduct a Rulemaking Hearing, open to the public and time for comments regarding the Board's Proposed rule. This will be the only opportunity for the public to submit verbal testimony, but comments may also be provided by mail, fax or email and will be accepted prior to May 18th.

June 16, 2010 The Board will discuss the Rulemaking Hearing Report and make a final Decision. Once the Board final decision has been made, final rules will be filed and the rule will be effective no later then June 30, 2010. The final decision will be posted on the Board's website.

Oregon Board of Pharmacy FAX 971-673-0002
800 NE Oregon St, Suite 150
Portland, OR 97233 Email: pharmacy.board@state.or.us

www.pharmacy.state.or.us



LEFT TO RIGHT: Megan Danford, Tawana Nichols, Aaron Cossel, Annette Johnston, Chris Grorud

On a cheery note, the OMMP Administration reported that there are currently over **36,000** patients registered in the Program. They are processing at least 1,000 application each week, with 3,297 physicians who have recommended patients for the OMMP.

The OMMP is now charging \$10 for a replacement card, but there is still no fee for changes, which are required by law. Additionally, in order to qualify for the low income discount, a person on food stamps will need a letter from their caseworker saying that they qualify for the food stamp program.

The OMMP hours are from 8 am to 5 pm, but they will stop accepting registrations and fees at 4:45 so that they have time to complete the process by 5 pm.

The Outreach Sub Committee, chaired by Christine McGarvin, has created an approved DVD presentation to educate people about what the OMMP does and does not do. Groups interested in scheduling a presentation should contact the OMMP. OHD.ACMM@state.or.us

The Outreach Committee has also been busy writing letter to a variety of people and agencies.

The letters sent were to the Department of Justice and the Department of State Police, asking for documentation regarding statements made by law enforcement officials about abuses of the OMMP.

A letter were sent to the Oregon Department of Veterans' Affairs asking their policy regarding the use of medical marijuana among Oregon Veterans. Their response was that they had no policy regarding this issue.

The ACMM encouraged them to establish policy. The ACMM supports the policy of the Department of Veterans Affairs Medical Center in Battle Creek, Michigan, which states that "while no VA physician shall complete any forms for patients seeking the right to use medical marijuana, the presence of marijuana in a urine drug screen is acceptable."

A letter was also sent to Portland Police Bureau Chief Sizer, inviting her to come to the March 29th meeting to provide data on OMMA related investigations, arrests and convictions during 2009. Although she didn't attend the ACMM still hopes to get those statics.

On the following page you will find the response from the PORT OF PORTLAND, Portland International Airport to the ACMM's query about the policy regarding OMMP patients traveling with their medicine.

The ACMM meets quarterly and the public is invited to attend. The next meeting will be held in Salem in June.

For information regarding meetings go to:

<http://www.oregon.gov/DHS/ph/ommp/mtngnotice.shtml>

Flying out of Portland with Medical Cannabis?

Recently the ACMM wrote to the Port of Portland, asking what their policy was about the possession of medical marijuana and OMMP legally registered passengers. The following is the response we received.

PORT OF PORTLAND, Portland International Airport,
7000 NE Airport Way, Portland OR 97218,
Box 3529 Portland OR 97208,
503-460-4151
December 22, 2009

Jim Klahr, Chair ACMM
800 NE Oregon St.
Portland OR 97232

Re: Written Policy regarding Oregon Medical Marijuana

Dear Mr. Klahr:

I serve as in house counsel to the Port of Portland ("Port"). Please let this serve as the Port's response to your letter dated December 14, 2009 addressed to Mr. Steve Johnson of the Port. This letter does not constitute an interpretation of Oregon law or legal advice.

In response to your specific question, the Port does not have an "official written policy" regarding "Oregon Medical Marijuana patients who want to bring their medicine on the airplane." The Port complies with and enforces applicable state and federal laws.

Marijuana is not seized from a passenger who holds a valid Oregon Medical Marijuana card when boarding aircraft at the Portland International Airport as long as the passenger is not carrying a quantity that exceeds an amount that he or she is lawfully authorized to possess.

Cordially,
Wendy Hain
Assistant General Counsel
Port of Portland
(503) 460-4360



CAUTION

Most states, even those with medical marijuana programs, do not recognize the medical marijuana laws of other states. It is important to know the rules and guidelines of the area to which you are flying or you could find yourself in jail. Protect yourself and call before you travel.

A plane diverted to another location, or with a terrorist scare, may require passengers to disembark and re-board. This could cause legal trouble with federal authorities.

For OMMP patients who want to bring your medicine on board, it would be probably be a good idea for you to have a copy of the letter from the Portland Port Authority and the following FAA Regulation:

"FAA Regulation, Part 91 - General Operating and Flight Rules: Sec. 91.19 Carriage of narcotic drugs, marihuana, and depressant or stimulant drugs or substances. (a) Except as provided in paragraph (b) of this section, no person may operate a civil aircraft within the United States with knowledge that narcotic drugs, marihuana, and depressant or stimulant drugs or substances as defined in Federal or State statutes are carried in the aircraft. (b) Paragraph (a) of this section does not apply to any carriage of narcotic drugs, marihuana, and depressant or stimulant drugs or substances authorized by or under any Federal or State statute or by any Federal or State agency."

GOOD NEIGHBOR GUIDELINES for Medical Marijuana Growers

By Dr. Rick Bayer and Alicia Williamson

As the number of patients who register with the OMMP grows, so too does the number of people who legally grow cannabis medicine for the first time. The idea of being a good neighbor is especially important as people become more familiar with cannabis therapeutics which is distinctly different from the past stereotypes we used to laugh at in the media. Different types of gardens can attract the attention of your neighbors. For example, you may need a permit if you plan to construct a green house. There are ways you can maintain your privacy and be courteous at the same time. Please be a good neighbor when planning and growing your medicine, and remember to abide by all existing zoning and land use laws.



1. Bright Lights. This issue should be or already is addressed by **current local zoning laws**.

2. Dogs. Dogs are required to be licensed and contained, and are subject to **existing animal control laws**.

3. Smells. The smell of indoor gardens is easily controlled with activated charcoal filters. An outdoor grow can produce the scent of flowering cannabis. If a smell is not caused by health hazards like smoke or open sewage, then an odor complaint is **subjective**. Many vegetarians are nauseated by the smell of flesh roasting on a barbeque, a common practice in residential areas. I, personally, love the smell of barbeque. 'Not liking' the scent of flowering cannabis seems to fall within the same subjective category.

4. Noise/Traffic. Most communities have **existing noise control ordinances**, designed to combat continually barking dogs; loud and late parties; continuous playing of loud music; revving engines,

5. Ugly Fencing. Fencing styles and materials are mostly to do with aesthetics and safety. This issue is best addressed by communities' **existing zoning and land use laws**,

From my side of the mirror

By Sandee Burbank



Here in the foothills of the Cascades the frogs in our pond are telling everyone, especially the other frogs, that it is Spring. The woodpeckers fill the air with their rat-a-tat-tat and the robins, bluebirds and hummingbirds have made their appearance. Another sign of Spring is the medical cannabis gardeners who are happily trading clones, sharing growing tips and talking about genetics. How wonderfully things have changed in ten years!

I enjoy it in the moment, but I always remember that the OMMP is under constant attack by those who don't believe that cannabis is medicine. Some of them are angry that at least we patients can say marijuana or cannabis without fear of arrest.

The truth is spreading as more and more people witness or experience the wonderful medicinal effects of cannabis themselves or through a loved one.

People cry when they tell me their stories of how they find relief from cannabis, after years of trying to use pharmaceuticals without success. These are not 'people just trying to get high', as I often heard from the uninformed. Many of them have access to drugs much stronger than cannabis, but do not desire those effects.

Meanwhile it's almost time to put the outdoor plants out.

Happy gardening! ~ Sandee

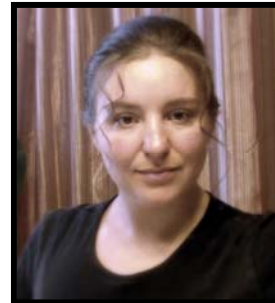


Sixth National Clinical Conference on Cannabis Therapeutics

April 15 - 17, 2010

Crowne Plaza Hotel in Warwick, RI.

MAMA is participating in this conference co-sponsored by the School of Medicine, University of California at San Francisco; the Rhode Island State Nurses Association and Patients Out of Time.



Jennifer

Jennifer Burbank, Communications Director for MAMA, will be making a presentation on Oral Cannabis Preparations.

MAMA will also staff an information table.

For more information

<http://www.Medicalcannabis.com/Clinical-Conference/2010-upcoming-conference>.



CME CREDITS

While we are on the subject, I'd like you to know that Patients Out of Time has the 2008 and 2006 clinical cannabis conferences available for online CME credits through the UCSF School of Medicine's online CME program. The link is on the bottom left side of their home page www.medicalcannabis.com - it will take doctors directly to the program. The cost is only \$75 for 10 CMEs (10 hours of conference video) - extremely inexpensive for physicians, but a great way to get educated. Nurses can also take the course and take credit for continuing education contact hours. Patients may want to tell their doctors about this opportunity.

Of interest to medical professionals is the formation of the **American Academy of Cannabinoid Medicine (AACM)**
<http://www.aacmsite.org/>

The AACM is a clinical medicine, scientific association. Its members are clinicians and researchers active in the field of endogenous, plant-derived and synthetic cannabinoids and those who support the medical use of cannabinoids.



Also a small group of nurses are preparing paperwork to create the **American Cannabis Nurses Association (ACNA)** and plan to have their initial meeting on Sunday following the conference. The new science on the endocannabinoid system and continued research on the efficacy of cannabis and cannabinoids are the basis for this "new" specialty practice.



MAMA's Wish List

Thank you to all who have helped us in so many ways. Much of what MAMA is able

to accomplish is due to the compassion and support of our community. Whether through the donation of needed items, cash or time, it all adds up to improved service.

These items are needed in both

The Dalles and Portland

Tincture bottles * Spray bottles

½ Pint & Pint Jars w/Lids * Disinfectant Wipes

Blue Ballpoint Pens * Permanent Markers

Copy Paper * Items for MAMA raffles

Needed in The Dalles

Area Rugs * Small Step-Stool * Carpet Sweeper

Bagless Vacuum Cleaner * B & W LaserJet Printer

LCD Projector * Floor Lamps

Craft or Art Supplies

Serving Dishes * Small refrigerator * Floor mats

Needed in Portland

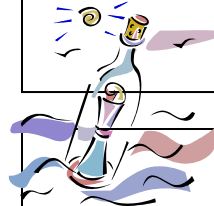
Carpet Sweeper * Artwork

MAMA's Help Wanted List

For decades MAMA has depended on volunteers to help provide education, recreation and socialization for our members. We need help in both the Portland area, Bend and The Dalles to identifying locations where we can have larger social and educational events. Any location must be handicapped accessible and have adequate parking. If you know of such a place, please contact Sandee at mama@mamas.org 541-298-4202 ext 404 or 503-233-4204 ext 404

Help needed in The Dalles

Teaching Classes (butter, preparations)
Help with landscaping * Help cleaning office
Shaking glycerin tincture
Volunteer Coordinator



Help needed in Portland

Teaching Classes (butter, cooking)
Help taking yard debris to recycle
Taking old phone books to recycle
Helping with landscaping & hedge trimming
Volunteer Coordinator
Planning and Implementing social events
Painting of handicapped ramp

Join **MAMA** Today

MAMA has existed since 1982 with the support of members, who generously contributed funds, goods and their time.

We are still dependent on memberships, donations and volunteers to help with our daily operation and to promote MAMA's exceptional, rational approach to drugs.

MAMA is a 501(C)3 organization and donations are tax deductible.

*You may designate MAMA to receive part, or all, of your **United Way** pledge.*

Sign me up for a MAMA Annual Membership

- Basic: \$25
- Supporting: \$50
- Sustaining: \$120 (only \$10/month)
- Benefactor: \$500

Name _____

Address _____

City _____ State _____ ZIP _____

Email _____

